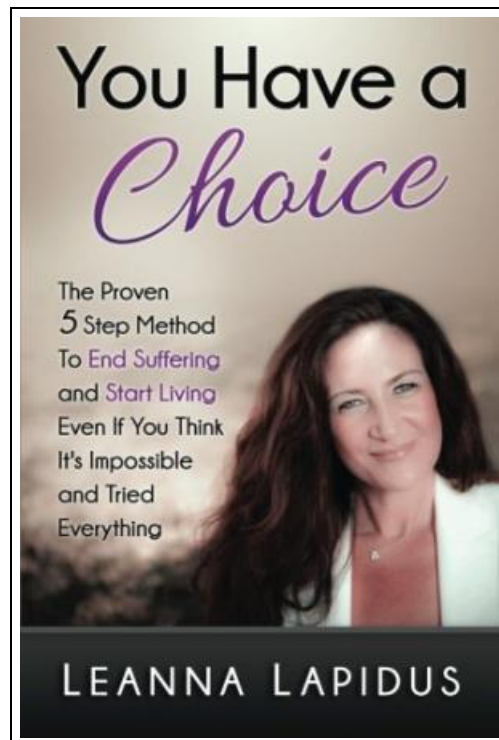


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you searching for happiness? Looking for comfort and understanding? Do you struggle with addiction? Do you want to end the cycle of fear, loneliness, and anger? No one wants to create chaos, no one wants to hurt the ones they love, and Leanna Lapidus can help end that pain and introduce you to the happiness that has always been there. You have a choice and Leanna can provide anyone with the tools they need to make that choice. The five proven steps in this book will open your heart and mind to a new way of thinking, a positive way of dealing with the pressures of the present, the pain of the past, and the fear of the future. Each step brings you closer to self-acceptance, Leanna has developed these steps through her own life trials. After mastering these five steps, you will: Secure happiness for yourself and your loved ones Become self-aware Achieve self-acceptance Heal your inner child End the vicious cycle of fear, loneliness and anger End the addiction that prevents you from living a full, happy, healthy life Leanna offers a way out of the past and into the present. She has lived through the pain of living with addicts, struggled with self-doubt and suffered through debilitating depression. Leanna found a way to change her life and she can help you do the same. Her proven methods will provide you with the understanding and support you need to end the pain. Leanna Lapidus is a clinical hypnotherapist, speaker, and life coach. She lives in beautiful Los Angeles, California, providing individual and family sessions worldwide. Leanna enjoys giving lectures on self-awareness, the...



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