



## Ready Steady Slow: An Advent Calendar to Unwind with (Paperback)

By Paula Gooder, Stephen Cottrell, Nick Baines

CHURCH HOUSE PUBLISHING, United Kingdom, 2010. Paperback. Condition: New. Language: English . Brand New Book. For Advent, care for one another, care for our world. It s the only one we ve got. - Archbishop Desmond Tutu, launching Ready Steady Slow in 2009. During Advent 2009, thousands of visitors to the Church of England s website enjoyed advice and inspiration on slowing down and leaving behind the pressures of December via the popular Why We Are Waiting campaign. Now, the benefits of the campaign are available to a wider audience with this handy pocket guide. It offers a daily practical tip to help you stay cool from December 1 to 24, as well as a reading, a prayer, a short reflection and a reference to an online video with a helpful message. Each day s content is based on a real observation relevant to the season. With contributions from popular figures in the Church of England - Paula Gooder, Stephen Cottrell, Nick Baines, Jan McFarlane and David Shreeve - Ready Steady Slow is essential reading for anyone who longs for a happy, stress-free and peaceful run-up to Christmas. Full list of Contributors: Nick Baines, Dave Bookless, Stephen Cottrell, Paula Gooder,...



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