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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Think critically. Improve your decision-making. Control your thoughts. Sort out irrational fears. Cluttered, neurotic thoughts invade our mind more often than we realize and we end up living our life in anxiety, triggered by thoughts that are unfounded and are easily avoidable. Mindset Makeover will highlight the main cognitive mistakes we make and how to change them for peace of mind....

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- Authored by Steven Schuster
- Released at 2017



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