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## Freeing the Imprisoned Self: A Memoir (Paperback)

By George Eastman Ed D Ph D

Dog Ear Publishing, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It is the early 1970s, California, in the bosom of the Human Potential Movement. The author, an ex-Marine, family man and scholar - stark naked in an encounter group at Esalen - first confronts the horror of a psychological condition that has haunted his life. It does not yet have a name. This fascinating memoir follows the author (now in his eighties) back to the early childhood experiences that shaped his pathological isolation, through desperate and doomed efforts to connect with the world and, at last, to liberation from a schizoid personality disorder. It s a great read, but Freeing the Imprisoned Self is far more than a personal history. Dr. George Eastman does for the schizoid personality what Andrew Solomon did for clinical depression in The Noonday Demon. One comes away from both works with deep understanding of a terrible mental disorder. John V. O Leary, Ph.D., William Alanson White Psychoanalytic Institute. George Eastman grew up during the Great Depression in poverty and isolation. His mother died when he was a toddler and his grieving father forbade mentioning her name...



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