



The Smoothie Maker Recipe Book: Delicious Superfood Smoothies for Weight Loss, Good Health and Energy - Works with Any Personal Blender or Smoothie Maker (Paperback)

By Kathleen Boyd

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. SMOOTHIE MAKER ON THE GO! - Yummy Smoothies for Everyone Delightful Smoothie Maker Recipes for weight loss and fabulous health! This smoothie maker recipe book works great with - Breville Blend Active, Nutribullet, Philips, Duronic, Morphy Richards, Russell Hobbs, Vitamix, Nutri Ninja, Hamilton Beach, Oster, Ninja Master Prep, BELLA and others Author, Kathleen Boyd, welcomes you to The Smoothie Maker Recipe Book! You ll be thrilled that you have chosen her smoothie book to promote optimum health and vitality. Whether you own a Ninja, a Nutribullet, a Breville or some other smoothie maker, you re sure to discover some naturally healthy and delicious smoothies to tantalize your taste buds. In her new smoothie book, you ll find nutrient-rich recipes that will help you to: Lose weight - Increase energy - Enjoy more fruits and vegetables - Boost your immune system -Look and feel better - Cleanse your system - Restore your health - Live a healthy lifestyle You now have the opportunity to experience optimum health with these nutrient dense smoothies. Moreover, these smoothies are the perfect mix of live nutrients...



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