



Activated Charcoal for Health: 100 Amazing and Unexpected Uses for Activated Charcoal (Paperback)

By Britt Brandon

Adams Media Corporation, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. For fans of natural remedies and the popular For Health series, a hands-on guide to the transformative healing, wellness, and beauty benefits of activated charcoal. Activated charcoal—a medicinal-grade powder most commonly made from coconut shell—has endless health and beauty benefits. In *Activated Charcoal for Health*, you'll discover everything this all-natural powder can do—from combating chronic diseases to providing relief for common ailments. With its anti-fungal, anti-viral, and antibacterial properties, activated charcoal can be used for many things such as clearing up acne, disinfecting wounds, helping to prevent hangovers, treating bad breath and body odor, and even providing a digestive cleanse. It's even great for whitening teeth, balancing oily skin, exfoliating, and cleansing hair. With this handy guide, you'll learn how to incorporate activated charcoal into your daily life and reap its benefits—without the use of dangerous chemicals or costly procedures.



[READ ONLINE](#)
[2.24 MB]

Reviews

Comprehensive information for book fans. It is one of the most amazing book i actually have read. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- *Yoshiko Okuneva*

It is simple in read through safer to comprehend. This is for anyone who statte that there was not a really worth reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- *Samanta Klein*