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Pressure Cooker Magic: 101 Fast Fabulous Recipes (Paperback)

By Alison DuBois Scutte

GOOD BOOKS, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Pressure cookers deliver delicious, healthy meals fast! Pressure cooking is quick, easy, and ensures more nutrients remain in the food than most other cooking methods. Highly efficient, this must-have mini appliance reduces cooking time to a third of the normal time, making it the go-to for busy families and people on the go. What's more, today electric pressure cookers (like the Instant Pot (R)) make this centuries-old method safe and as easy as pushing a button! From soups and sides to entrees and desserts, Pressure Cooker Magic is your guide to fast, easy, everyday-gourmet recipes such as: *Chicken Sausage Gumbo *Swiss Chard with Warm Bacon Vinaigrette *Beef Bourguignon *Curried Apricot Chicken *Blackberry Balsamic Pork Chops *Teriyaki Mahi-Mahi with Rice *Quinoa with Lemon Corn *Pumpkin Cheesecake To get the most out of your pressure cooking experience, this cookbook includes cooking time charts and tips for adapting your own family-favorite recipes. Enjoy all of the flavors that made Grandma's meals so yummy, without the headaches of all-day cooking, weighing, measuring, or planning-Alison DuBois Scutte has done all the work for you! She also includes practical info...



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