



Mi Despertar: No Son Ustedes, Yo Soy

By Betty Ibarra

Palibrio, United States, 2013. Paperback. Book Condition: New. 229 x 155 mm. Language: English, Spanish . Brand New Book ***** Print on Demand *****.Mi despertar! Un estado de conciencia de vivir despiertos en un ahora infinito, sin pasado ni futuro. Solo el hoy! Dado que soy el observador y el observado, invito al lector a realizar un analisis de conciencia para advertir hasta que punto nos marcan o nos danan las creencias o acuerdos que nos limitan en todo momento y circunstancia, evitando que estemos presentes por vivir en un pasado que pesa y mantienen al individuo en un estado dormido. Al expresar no son ustedes, yo soy, asumo la responsabilidad de hablar de mi siempre, asi como el lector define su propia interpretacion de acuerdo con su verdad o sus creencias. Es importante dejar de creer en los acuerdos (o romperlos) que permitimos que nos limiten y que nos causan un sufrimiento interno, individual, familiar o colectivo, de generacion en generacion, pues el dolor se hereda. La mayoría de las enfermedades entran cuando la persona no esta presente en su cuerpo; si el amo no esta en la casa, todo tipo de personajes (dogmas, creencias) sombrios se alojara en ella...



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